

### **Jennifer M. Gamboa, PT, DPT, OCS**



Physical therapist and American Physical Therapy Association (APTA) member Jennifer M. Gamboa, PT, DPT, OCS, is founder and president of Body Dynamics, Inc (BDI), a multidisciplinary physical therapy and wellness center in Falls Church, Virginia, that embraces the rehab-fitness continuum. BDI provides integrated, collaborative care to restore, maintain, and enhance physical well-being through the use of physical therapy, massage, acupuncture, fitness physicals and exercise prescription, counseling, personal training, pilates, group fitness, and sports enhancement classes. Gamboa has been practicing for 15 years, and is a board-certified orthopaedic clinical specialist with advanced manual therapy training. Her practice was the recipient of her community's Best Business Award in 2006, and APTA's Private Practice

Section's Best Practice award in 2008. She participated in APTA's Strategic Thinking Initiative and served as chairperson for APTA's taskforce on Vision 2020. She also serves as a member of APTA's public relations advisory panel and is a member of the Private Practice Section's government affairs committee. Gamboa has lectured extensively on alternative practice models, fitness, wellness, and health promotion, and is interested in helping physical therapists explore and consider new and innovative ways to succeed in practice. She is committed to advancing physical therapy within a holistic health promotion and fitness paradigm in a way that recognizes and supports the inherent value of physical therapy at the center of musculoskeletal health care, bringing APTA's Vision 2020 to life.

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